

SOURCE ENDURANCE

CYCLOCROSS CLINIC

Featuring ZACH McDONALD SATURDAY, AUGUST 15TH

Location:

Action Park
5909 Sea Lion Place
Carlsbad, CA 92010

What:

10am- Noon: Beginner Clinic

Limit: 24 participants
Review and build upon basic CX skills. From these basics, all other skills are based. Dismounting, remounting, carrying and shouldering the bike, cornering basics, starts, tire selection and pressure, and more.
Clinic Fees: \$35-\$42

1pm- 4pm: Advanced Clinic

Limit: 40 participants
More focus on riding, practicing and repetition. Develop and hone advanced skills to help negotiate a real CX course smoothly at speed. SAND, advanced cornering and linking turns, advanced dismounts and remounts, passing and defending your position on course, bike exchanges, bike maintenance, general strategy, and more.
Clinic Fees: \$60-\$75

Entry fee will increase every week so sign up early.
Combine and do both clinics for \$85 - lunch provided.

Saturday details:

Sign in: BEGINNER: 9:00 - 9:45am. ADVANCED: 12:15 - 12:45pm
Assistant Instructors: Elliot Reinecke, Adam Mills
Neutral Support/ Expo: Provided by **Book a Bike Mechanic**

Register at: <https://www.bikereg.com/source-endurance-cx-clinic-del-mar>

On-Site Registration available
Event Organizer: Elliot Reinecke, ereinecke@source-e.net

