

# CX KANSAS CITY

A clinic presented by  
**SOURCE ENDURANCE**

**Friday and Saturday August 21st & 22nd, 2015**

This clinic will provide instruction from elite level CX racers Cody Kaiser, Shadd Smith, Tom Price, Mark Savery and coach Grant Harrison. Featuring both Beginner/Introductory and Advanced sections, this clinic will equip you for the upcoming season.



**Friday August 21st: Trek Store Shawnee 7:30 –8:30 PM**  
10412 Shawnee Mission Pkwy, Shawnee, KS 66203

**Early Sign-in. Meet & greet.**

- Discuss the finer points of CX with Cody Kaiser and the rest of your instructors.
- Test ride the 2015/ 2016 line up of CX bikes at the Trek Store, Shawnee.
- Refreshments and hors d'oeuvres provided.
- Pre-registration required.

**Saturday August 22nd: Herman Laird Park**  
11501 W 57th St . Shawnee, KS 66203

**Beginner/Intro Section \$35/\$40 day of**  
**(Limit 40 Participants)**  
Sign-in: 8:30-9:15 AM  
**9:30 AM—12:00pm**

- Getting started
- Mounting/dismounting, carrying and shouldering the bike
- Cornering fundamentals
- Technical terrain navigation
- A workout to improve your skills and fitness

**Advanced Section \$35/\$40 day of**  
**(Limit 40 participants)**  
Sign in: 12:00– 12:45 PM  
**1:00PM—4:00pm**

- Advanced Cornering, linking turns (exit speed)
- Advanced technical terrain navigation
- Race strategy in action: passing and defending
- Advanced dismounts
- A workout to improve your skills and fitness

**Register by Aug 17th for early bird pricing at <http://www.bikereg.com/source-endurance-cx-clinic-kansas-city>**

Participants doing both sections will be provided with lunch  
Door prizes from our generous sponsors!

Event Organizer: Grant Harrison, [gharrison@source-e.net](mailto:gharrison@source-e.net)  
Held under USAC permit # 2015-2863



Trek Bicycle Store  
Kansas City

